# **ABOUT THE ADULT PATIENT**

Name	Today's Date	Birthdate Age
Address	·	_
Home Phone Cell Phone	Work Phone	eGender □ M □ I
Significant Other's Name	Kid's Names and Ages _	
Your Employer	Type of Work	
e-Mail Address	Have you l	been to a chiropractor before? □ No □ Yes
Emergency Contact	ph #	
Name of Medical Doctor(s)		
<ul> <li>I authorize Kiekhoefer Chiropra</li> <li>I understand I am responsible</li> <li>I authorize assignment of my in</li> <li>Person responsible for this acc</li> <li>I understand that after any initial</li> </ul>	aff to render care as deemed appropriate actic to release and / or request records for all bills incurred in this office.  Insurance benefits (if applicable) directly focunt if other than the patient?  Insurance la promotional services all care is render asyment method is:	to or from other providers as may be necessary to the provider. red at usual and customary fees.
Patient / Parent Signature (This represents a lo	ng term authorization for all occasions of service	e) Date
REASON FOR SEEKING CARE		
PRESENT COMPLAINTS		
1	_ How long has th	nis been an issue?
Is it: □ Dull □ Sharp □ Ache □ Numb / Tingl	_	
☐ Mild ☐ Moderate ☐ Severe ☐ Worse in the	morning	n radiates to
2	How long has the	nis been an issue?
Is it: ☐ Dull ☐ Sharp ☐ Ache ☐ Numb / Tingl	<del>-</del>	
☐ Mild ☐ Moderate ☐ Severe ☐ Worse in the	-	
3	_	
Is it: □ Dull □ Sharp □ Ache □ Numb / Tingl	-	
☐ Mild ☐ Moderate ☐ Severe ☐ Worse in the n	•	
4   4   Sharp □ Ache □ Numb / Tingl		nis been an issue?
Is it: □ Dull □ Snarp □ Acne □ Numb / Fingl	-	
5. Does your condition affect:   Sleep   Work	•	Il Idulates to
6. What makes it better?	•	Please mark all areas of concern.
7. What makes it worse?		- I lease mark an areas or construin
8. What Doctor's have you seen for this?		
o. What Booker's have you doesn'ter uner		( e + ()
9. Type of treatment:		123( ) 7 7 1) 1
10. Results:		10/\) / FR // (1
NOTES:		- 1(x) - 1(+)
	Are you pregnant?	J ( 2 3 ) ( )

# **GENERAL HEALTH HISTORY-ADULT**

Detions Name						
Patient Name				Mark the conditions that apply to you.  Past Present		
		Headaches			Urinary Problems	
		Migraines			Easy Bruising	
		Shortness of Breath			Tobacco Use Dental Problems	
		Allergies / Asthma Medication Side Effects				
					, 3	
		Diabetes Hands or Feet cold			Blood Thinner use HIV Positive	
		Muscle aches			Cancer	
		Trouble Walking			Depression	
		Leg / Foot Numbness			Alcohol Use	
		Fainting			High orLow Blood Pressure	
		Gall Bladder Trouble			Stroke History	
		Ringing in Ears	_	_	High Cholesterol	
		Ear Problems	_	_	TMJ	
		Sleeping Problems	_		Digestive Problems	
		Vision Problems			Pain all Over	
		Thyroid Problems	_	_	,	
		Liver Disease			Chest Pains	
		Kidney Problems	_	_	Heart Pacemaker	
		Light Bothers Eyes Other			Heart Problems	
1. List any medications you are taking:  2. Please list all doctors you are currently seeing:  3. Has any Doctor or other professional advised you to "Go to a Chiropractor ": □ No □ Yes, Name  ———————————————————————————————————						
PAST HISTORY						
4. List any past auto collisions: Was any care received?						
	-				-	
5. List any past work injuries: Was any care received?  6. List any past sport, recreational, or home injuries						
	-					
/. FR	7. Please describe any past conditions and treatment received:					
8. Please list any past hospitalizations and surgeries:						
FAMILY HISTORY						
Father's side:   Heart Disease   Cancer   Diabetes   Heavy Medication use   Arthritis   Other						



8619 West Point Douglas Rd., Suite 110 Cottage Grove, MN 55016 651-458-0094

#### Our Promise to You, Our Valued Patient

We want to assure you that we take the Federal HIPAA (Health Insurance Portability and Accountability Act) laws seriously. These laws were written to protect the confidentiality of your health information. We trust you will never delay treatment in our office because of fear that your personal health information might be unnecessarily disclosed to others outside our office.

### Why a Privacy Policy?

The most significant variable that has motivated the Federal government to legally enforce the privacy of health information is the rapid evolution of the use of electronic technology in the administration of health care business. The government has appropriately sought to standardize and protect the electronic exchange of health information. The has challenged us to review not only how your information is used within our computers but also with the internet, phones, fax machines, and any device used to copy or transfer this data. We want to advise you that we have developed policies and procedures for our practice to assure that your personal or health information will be shared only as required and only for the purpose of administering your case. Our office is subject to State and Federal laws regarding the confidentiality of your health information. We will assure our office adherence to those laws and we want you to understand our procedures and your rights as a valued patient. Your health information will be communicated only for the purpose of conducting health care business and obtaining payment for services. Be assured that, without your written permission, your health information will not be used for any other purpose.

#### How Your Health Information May Be Used to Provide Treatment

Within our office, your health information will be used to provide you the best care and services possible. This may include administrative and clinical procedures designed to optimize scheduling and coordination between you and all office personnel. In addition, we may share this information with referring physicians, clinical pathology laboratories, or other health professionals providing you treatment.

#### To Obtain Payment

Your health information may be included with an invoice for the purpose of collecting payment for services provided to you in this office. We may do this with insurance forms filed for you by mail or electronically. We will make every effort to work with companies with a similar commitment to the security of your health information.

#### To Conduct Health Care Operations

Your health information may be used during performance evaluations of our staff. Some of our best teaching opportunities use clinical situations experienced by patients receiving care in our office. As a result, your health information may be included in the training programs for students, interns, and associates, as well as business and clinical employees. It is also possible that your health information will be disclosed during audits by insurance companies or government appointed agencies as part of their quality assurance and compliance reviews. Your health information may be reviewed during the routines process of certifications, licensing, or credentialing activities.

#### Patient Reminders

Because we believe regular care is very important to your general health, we will remind you of a scheduled appointment or that it is time for you to contact us and make an appointment. Additionally, we may contact you to follow up on your care and inform you of treatment options or services that may be of interest to you or members of your family. These communications are an important part of our philosophy of partnering with your patients to be sure they receive the best care chiropractic can provide. They may include postcards, newsletters, flyers, and telephone or electronic reminders such as email (unless you tell us that you prefer not to receive reminders).

#### Public Health and National Security

As permitted or required by State or Federal law, we may disclose your health information to proper authorities for the purpose of law enforcement including, under certain circumstances, if you are a victim of a crime or in order to report a suspected crime.

#### Family, Friends, and Caregivers

We may share your health information with those you tell use will be assisting you with your home care, treatment, or payment. We will be certain to obtain your permission prior to sharing your information. In the event of an emergency, if you are unable to tell us what you want, we will use our very best judgment when sharing your health information with anyone participating in your care.

#### Medical Research

Advancing health care knowledge often involves learning from the careful study of health histories of prior patients. Formal review and study of health histories as a part of a research study will happen only under the ethical guidance, requirements, and approval of an Institutional Review Board.

#### Authorization to Use or Disclose Health Information

Other than what is stated above or where Federal, State, or local law requires us, we will not disclose your health information other than with your written authorization. You may revoke that authorization in writing at any time.

#### Patient's Rights

This law is careful to describe that you have the following rights related to your health information. Be assured that our office will make every effort to honor reasonable restriction preferences from our patients.

#### Confidential Communications

You have the right to request that we communicate with you in a specific way. You may request that we only communicate your health information privately with or without other family members present or through sealed mail communications. We will make all reasonable effort to honor your request.

#### Inspect and Copy Your Health Information

You have the right to read, review, and copy your health information including your complete chart, x-rays, and billing records. If you would like a copy of your health information, please let us know. We may need to charge you a reasonable fee to duplicate and assemble your copy.

#### Amend Your Health Information

You have the right to ask us to update or modify your records if you believe your health information is incorrect or incomplete. We will be happy to accommodate you as long as our office maintains this information. In order to standardize our process, please provide us with your request in writing and describe as completely as possible your reason for the request. Your request may be denied if the health information record in question was not created by our office, is not part of our records, or if the records containing your health information have been requested sealed and/or delivered to any authority for review.

#### Documentation of Health Information

You have the right to request from us a description of how and where your health information was used by our office for any reason other than for treatment or payment or health care operations. Our documentation procedures will enable us to provide information on your health information usage from April 14, 2003, and forward. Please let us know in writing the time period for which you are interested. We will greatly appreciate you limiting your request to more than six years at a time. We may need to charge you a reasonable fee for your request.

#### Request a Paper Copy of This Notice

You have the right to request and obtain a copy of the Notice of Privacy Practices directly from our office at any time. Just let us know of your request. We are required by law to maintain the privacy of your health information and to provide to you and your representative this Notice of our Privacy Practices. We are required to practice the policies and procedures described in this notice but we do reserve the right to change the terms of our notice. Patients would be notified of any such changes. You have the right to express concerns or complaints to us or the Secretary of Health and Human Services if you believe your privacy rights have been compromised. We encourage you to express in writing any concerns you may have regarding the privacy of your health information.

Thank you very much for taking time to review how we are carefully using your health information. If you have any questions, please let us know. If

not, we would appreciate your acknowledging by signature that you have received, thoroughly re-	viewed, and understand this policy.
Print Patient Name	Date
Patient/Legally Authorized Representative Signature	
Print Name of Representative	Relationship to Patient
I ACKNOWLEDGE THAT I DO NOT WISH TO OBTAIN A COPY OF THE HIPAA PRI	VACY POLICY.
Patient/Legally Authorized Representative Signature	



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### **Financial Policy**

Welcome to our office! It is our mission to serve you to the best of our ability. Please read our financial policy, then sign and date it below. Thank you!

It is necessary for our office to have a copy of your insurance card(s) in your file. It is your responsibility to notify our office of any changes in your insurance carrier(s). We will verify your insurance coverage. However, insurance companies do make errors in reporting the coverage and benefits. They also have a disclaimer and state "this is not a guarantee of payment until we actually receive a claim". We will file your claims with your insurance. However, it must be understood that your insurance contract is between you (the patient) and your insurance company.

You are responsible for any amount not paid by your insurance company.

Our office does not guarantee your insurance company will pay your claims. If you fail to respond to the insurance company's request, you will be responsible for the full amount.

**Copays are due on the same date of service.** If this office needs to bill you for unpaid copays, you will be assessed an additional \$5.00 billing fee per monthly statement.

#### **Medicare Patients**

Chiropractic Non-Covered Services	Reason Medicare May Not Pay	Estimated Cost
1. Chiropractic examinations	Items 1-5 are non-covered services and items	1. \$40-\$80
2. Chiropractic x-rays	under Medicare when delivered and/or	2. \$60-\$120
3. Chiropractic extra-spinal adjustments	ordered by a Doctor of Chiropractic	3. \$30
4. Therapy, such as ultrasound, electric		4. \$20-\$30
stim., intersegmental traction, and rehab		
5. Nutritional supplements, ice packs,		5. \$1-\$100
pillows, and BioFreeze		
6. Spinal manipulation	6. Medicare may construe your spinal	6. \$45-\$80
	manipulation to be maintenance care	

### Delinquent accounts will be turned over to our Collection Agency.

I have read the above policies and agree I am responsible for any amount not covered by my insurance company.	
PRINT PATIENT NAME	
DATE	



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# **Patient/Insurance Information Update**

Patient Information	•	
Last	First Name	MI
Date of Birth		
Address		
City	State Zip Code	
Home Phone		
Email Address:		
If a Minor		
Name of Person Responsible for Payment		
Cell Phone Number of Person Responsible		
Email Address of Person Responsible		
Primary Insurance Information		
Primary Insurance Company Name	ID#	Group
Policy Holder's Name	Policy Holder's Da	te of Birth
Relationship to Patient		
Secondary Insurance Information		
	ID#	Group
Secondary Insurance Company NamePolicy Holder's Name	Policy Holder's Dat	e of Birth
Relationship to Patient		
and the billing party named on behalf of me and/or my depend <b>Copays are due on the same date of service.</b> If this office no monthly statement.		essed an additional \$5.00 billing fee pe
Patient Signature	Date	
Medicare Aut	horization: For Medicare Patients only	
Chiropractic non-covered services:	Reason Medicare may not pay:	Estimated cost:
Chiropractic Examinations	Items 1-5 are non-covered services and ite	ems 1) \$40.00 to \$80.00
2) Chiropractic X-Rays	under Medicare when delivered and/or	2) \$60.00 to \$120.00
3) Chiropractic Extra-spinal Adjustments	ordered by a Doctor of Chiropractic	3) \$30.00
4) Therapy such as ultrasound, electric stim.,	ordered by a Doctor of Chiropractic	4) \$30.00 to \$50.00
Intersegmental traction and rehab		4) \$30.00 to \$30.00
		5) \$1 00 to \$100 00
5) Nutritional Supplements, ice packs, pillows,		5) \$1.00 to \$100.00
and BioFreeze	O.M. P	C) \$48.00 ± \$72.00
6) Spinal Manipulation	6) Medicare may construe your spinal	6) \$48.00 to \$72.00
	manipulation to be maintenance car	e
I request that payment of authorized Medicare Benefits be made	le on my behalf to Kiekhoefer Chiropractic for an	y services furnished by this office. I
authorize any holder of medical information about me to release		
benefits payable for related services. I understand my accepta		
to pay the claim. If other health insurance is indicated on the a the information to the insurer or agency shown. In Medicare as		

Medicare carrier as the full charge and I am responsible only for the deductible, coinsurance, and non-covered services of this charge.

Date

Medicare Patient Signature \_